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Updates from the IDDSI survey

AUGUST 2015

Thank you to all those who took the time to read and respond to our survey outlining the draft framework of the international dysphagia diet standards.

Over 3100 people responded from 57 different countries around the globe!

The majority of respondents were health care professionals however responses were also solicited from individuals with dysphagia and their caregivers, food service caterers and industry, professional association representatives, government regulatory bodies and researchers.

Respondents were asked to provide feedback, using rating scales and open ended comments, on various aspects of the model. Go to iddsi.org/resources/framework to view the draft framework.

Survey overview

- Survey results have been analyzed and full results are currently being reviewed and discussed by the IDDSI committee.
- Overall, there was a positive support for many aspects of the framework
- Use of colors and some of the terminology were identified as needing further review and possible revision.
- Two terms used more extensively with the pediatric population -Level 1- slightly thick liquids and Level 7 minus (between soft and regular diet levels) were specifically identified as "unclear"/ confusing to some respondents.
- The feedback was helpful in highlighting areas that will need to be considered in implementation.

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Next steps

- The IDDSI committee will consider modifications based on the survey responses and feedback.
- The final framework will be presented on the IDDSI website and will be freely available for use

Piloting the new standards

- Hospital zum Heiligen Geist in Kempen, Germany has agreed to be the first pilot site to test the feasibility and implementation logistics of the IDDSI framework.
- After a baseline of evaluation of current processes, they will adopt the IDDSI standardization terminology and descriptors and trial them through their food services system.
- 3 and 6 month post implementation evaluations are planned

Thank You to new Bronze Sponsors

IDDSI welcomes our new bronze sponsors: Simply Thick, Slo Drinks and Lyons. We thank you very much for your support! If you wish to become a sponsor of IDDSI, please contact us at office@iddsi.org.

Next e-bite issue

Highlights from the International Stakeholder surveys

Sharpening the focus on texture modified foods and thickened liquid

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