

FAQ Category: Foods

Q: My facility only uses two levels of texture-modified foods. Do we have to use all of the IDDSI food levels?

A: No, although the IDDSI framework includes five different levels of increasing food texture modification, there is no expectation that every facility will use all five levels. For example, some aged care facilities may only use Level 7- Regular, Level 6- Soft & Bite-sized, and Level 4- Puree/Extremely Thick. By labeling the foods in this way, when a patient/client moves from a facility with fewer food levels to a hospital with more food levels, it will be faster, safer and more accurate for health professionals and care staff to provide the appropriate food level.



This document is to be read in conjunction with the Complete IDDSI Framework, IDDSI Testing Methods and IDDSI Evidence documents (<http://iddsi.org/resources/framework/>).