

FAQ Category: Testing methods; Drinks; Foods

Q: If there is no flow (or 1 or 2 drips) through the syringe after 10 seconds, does that automatically make the sample a Level 4 – Pureed or Extremely Thick?

A: No. If there is no flow (or only 1 or 2 drips) through the syringe after 10 seconds, then the sample is thicker than Level 3 – Liquidised or Moderately thick. The sample should then be tested using the Spoon Tilt test and the Fork Drip test to see if it meets the requirements for Level 4 Pureed or Extremely Thick. Follow the descriptors for Level 4 Pureed or Extremely thick.

It is possible that a sample will be too thick to flow through the syringe, but NOT meet the requirements for Level 4. Some common problems include slumping, the sample leaving a sticky residue on the spoon, and the sample having a long tail under the fork when assessed using the Fork Drip test. In these cases the sample is *neither* a Level 3 *nor* a Level 4. It is between levels. The sample needs to be adjusted to meet either the Level 3 or Level 4 requirements.



This document is to be read in conjunction with the Complete IDDSI Framework, IDDSI Testing Methods and IDDSI Evidence documents (<http://iddsi.org/resources/framework/>).

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