

# Summary of Labels

## Japanese

	Foods	Drinks
7	Regular = 常食	
6	Soft = やわらかい食事	
5	Minced and Moist = ミンチ状	
4	Pureed = ピューレ	Extremely thick = 濃いとろみ
3	Liquidised = 液状食品	Moderately thick = 中間のとろみ
2		Mildly thick = うすいとろみ
1		Slightly thick = ごくうすいとろみ
0		Thin = 液体