

Mapping to IDDSI- Liquids

Australian Standards

	Level 900 Extremely Thick
	Level 400 Moderately Thick
	Level 150 Mildly Thick
	Unmodified regular

International Dysphagia Diet Standardisation Initiative

4 Extremely Thick (IDDSI Fork-drip Test and Spoon Tilt test)
3 Moderately Thick (8-10 mL remaining after 10 sec flow)
2 Mildly Thick (4-8 mL remaining after 10 sec flow)
1 Slightly thick (1-4 mL remaining after 10 sec flow)
0 Thin (nothing remaining after 10 sec flow)

Different colours

Why?
International framework and Red-Green colour blindness

New thickness level

New numbers