



Welcome to the July CAN-DO!

Thinking about IDDSI implementation within your organization? We understand that the task at hand can seem overwhelming. The most challenging part is often the FIRST step, so today, we're here to help you take that leap. Let's dive in together and **JUST DO IT!**

Consider the following *SMALL* actions that will provide a *BIG* impact in kick starting your IDDSI implementation journey.

Focus on Initial Steps: Review the [IDDSI implementation guide](#) and concentrate on the first step only! Starting small helps minimize unnecessary complexity and lays a solid foundation for future implementation.

Start the Conversation: Initiate discussion within your team. Start small by integrating IDDSI education into your regular staff meetings. This will help raise awareness and set the stage for the changes ahead.

Create an IDDSI Implementation Team: Identify champions within your organization who are enthusiastic about IDDSI and establish a supportive team environment. Hold your first meeting to share insights and plan the next steps collaboratively.

Get Hands-On Experience: Learn and practice IDDSI testing methods. Encourage your team to participate in this hands-on learning to build confidence and competence. Have fun with it!

Reach Out for External Insights: Contact other organizations that have successfully implemented IDDSI. Ask them about their experiences and any tips they can offer. Learning from others' experiences can provide valuable insights and help you avoid common pitfalls. You are not alone in this journey!

Together, we can make significant strides in improving outcomes for individuals living with dysphagia. Thank you for your dedication to providing quality care!

[The 2nd Canada IDDSI Festival: Online Registration is Now Open – Sign Up Today!](https://www.tickettailor.com/events/canadaiddsireferencegroup/1188172)

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[CLICK HERE](#) to get involved and learn more about IDDSI initiatives in Canada.

Reach us at canada@iddsi.net

