The Kempen meeting also allowed the board an opportunity to view firsthand the pilot project taking place at Hospital zum Heiligen Geist. Board member Sonke Stanchus is leading this pilot in a truly collaborative effort with the hospital administration, medical staff, nursing, other health professionals and the Head Chef and food services administration and staff. The high motivation for piloting implementation of the IDDSI Framework was that administration and staff recognized it “made sense for improving patient safety.”

IDDSI Board members are busy sharing information about the IDDSI Framework around the world.

Here are some of the recent and upcoming events...

- American Speech-Language Hearing Association – USA – November 2015
- Speech Pathology Australia National Conference - Perth, Australia - May 2016
- Dietitians’ Association of Australia – Melbourne, Australia - May 2016
- Dietitians of Canada Conference – Winnipeg, Manitoba, Canada - May 2016
- International Association of Logepedics and Phoniatrics – Dublin, Ireland – August 2016

Update on Framework testing methods.

Syringe Test Specifications 8th April 2016

It has come to our attention that some manufacturers are producing syringes which are labelled as 10ml but which have different dimensions to the IDDSI standard 10ml syringe. Consequently, they will result in different test results. For this reason we have added detail to the syringe test specifications to clarify the appropriate dimensions.

For example, the syringe shown here is sold as a 10ml syringe, but actually has a 12ml capacity. It has a wider barrel than the IDDSI standard syringe and is not compatible with the IDDSI syringe test instruction. See page 2 and 3 of this e-Bite for more specific information on the syringe test or go to our IDDSI website.

Announcing Nutri Co., Ltd. (Japan) as a Bronze Sponsor

We would also like to thank our new Bronze Sponsor, Nutri Co., Ltd. (Japan), for agreeing to sign on as a Bronze Sponsor, supporting the work done by IDDSI. As specialists in nutritional therapy, Nutri Co. Ltd. provides products grounded in the latest nutritional therapy for hospitals, welfare facilities, and long-term care at home. Visit them at https://www.nutri.co.jp/en/index.html.
IDDSI Flow Test

1. Get a stopwatch and some 10 mL syringes: see specification over the page. Remove the plunger from one syringe & discard.

2. Cover the nozzle of the syringe with your finger, making a seal.

3. Fill the syringe up to the 10 mL line with fluid - it’s recommended to use another syringe to do this.

4. Remove your finger from the nozzle end at the same time as starting the stopwatch.

5. At 10 seconds, replace your finger over the nozzle, stopping the liquid flowing.

IDDSI Level classifications based on liquid remaining at 10 seconds:

Level 0: All liquid has flowed through syringe.
Level 1: There is between 1 mL and 4 mL remaining.
Level 2: There is between 4 mL and 8 mL remaining.
Level 3: There is more than 8 mL remaining, but some liquid still flows through.
Level 4: If no liquid flows, the category is Level 4 or above.

Level 4 can be easily identified without a syringe test: Material holds its own shape; small peaks remain on the surface. Too thick to be drunk from a cup or a straw, should be taken with a spoon. A full spoonful must drop off a spoon if turned sideways; a very gentle flick may be necessary but the material should not be firm, nor sticky.

© Ben Hanson 8/4/2016
IDDSI Flow Test

IDDSI 10ml syringe specifications

Before use, check the nozzle is clear and free from any plastic residue or manufacturing defects that very occasionally occur.

© Ben Hanson 8/4/2016