FAQ Category: Drinks; Foods

Q: Why do Level 3 ‘Liquidised’ foods and ‘Moderately thick’ drinks share the same number and why do Level 4 ‘Pureed’ foods and ‘Extremely thick’ drinks share the same number?

A: During the testing phase of IDDSI framework development, the committee came to the realization that at Level 3 liquidised foods and moderately thick drinks share the same flow characteristics and descriptions. The same is also true for Level 4 pureed foods and extremely thick drinks. By using the same number and colour to identify both foods and drinks at each of these levels, the IDDSI framework demonstrates this equivalence in texture. We decided to retain separate text labels for foods and drinks at each of these levels based on feedback from food service professionals who told us that they need to be able to label an item as a food or a drink, in addition to its texture characteristics. We are able to differentiate between foods and drinks using the inverted triangle for foods and the upright triangle for drinks.

This document is to be read in conjunction with the Complete IDDSI Framework, IDDSI Testing Methods and IDDSI Evidence documents (http://iddsi.org/resources/framework/).