FAQ Category: Drinks

Q: My facility only uses two levels of drink thickness. Do we have to use all of the IDDSI drink thickness levels?

A: No, although the IDDSI framework includes five different levels of increasing drink thickness, there is no expectation that every facility will use all five levels. For example, some aged care facilities may only use Level 0 - Thin, Level 3 - Moderately Thick/Liquidised and Level 4 – Extremely Thick/Pureed. By labeling the drinks in this way, when a patient/client moves from a facility with fewer drink levels to a hospital with more drink levels, it will be faster, safer and more accurate for health professionals and care staff to provide the appropriate drink thickness level.

This document is to be read in conjunction with the Complete IDDSI Framework, IDDSI Testing Methods and IDDSI Evidence documents (http://iddsi.org/resources/framework/).