FAQ Category: Drinks

Q: I’ve not heard of Level 1 – Slightly Thick before, what is this level?

A: Level 1 – Slightly Thick is predominantly used by paediatric clinicians and refers to the thickness level similar to commercially prepared anti-regurgitation infant formula. It is noticeably thicker than regular Level 0 – thin drinks, but thinner than Level 2 – Mildly Thick drinks. Level 1- Slightly Thick slows the flow of the liquid but can be sucked through a nipple/teat without significant effort. Level 2 Mildly Thick fluids also flow more slowly, but due to their thickness require much more effort to suck through a nipple/teat. Clinicians working with adult caseloads may find that some products that they have previously described as “naturally thick” fall in this Level 1 – Slightly Thick category.

References:


This document is to be read in conjunction with the Complete IDDSI Framework, IDDSI Testing Methods and IDDSI Evidence documents (http://iddsi.org/resources/framework/).