FAQ Category: Drinks

Q: My facility has used the terms ‘nectar’ and ‘honey’ for decades; why weren’t these terms used in the IDDSI framework?

A: Two international stakeholder surveys were conducted regarding texture terminology, and received more than 5000 responses. Although the terms ‘nectar’ and ‘honey’ were widely understood in some parts of the world, they were not understood in other parts of the world, particularly Asia. Other considerations included the natural variability of ‘honey’ in its crystalline and liquid states, and that the food honey is a botulism risk for infants under the age of 12 months. As an international framework suitable for use across the age spectrum, it was decided that terms that described variations of drink thickness would be most appropriate.